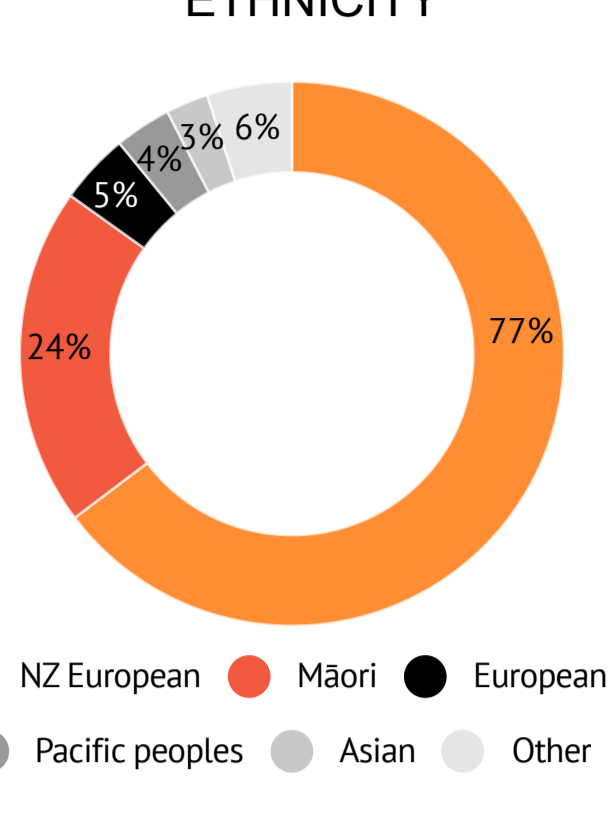
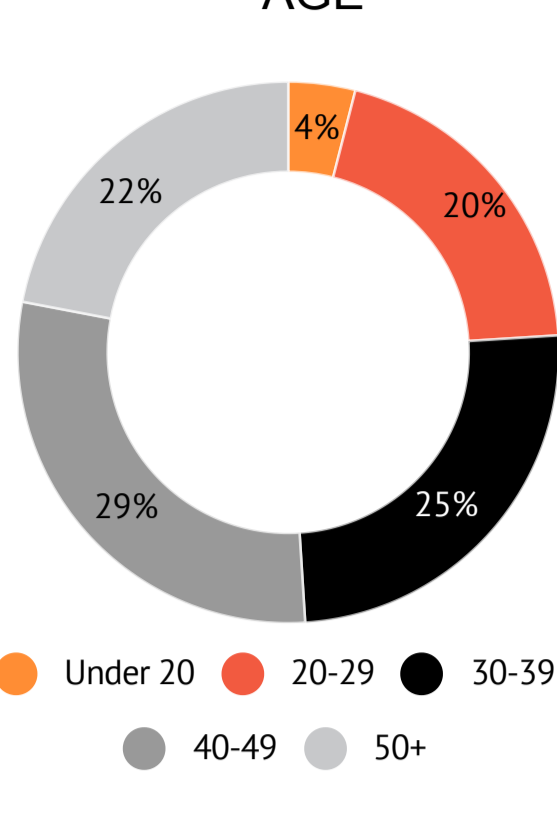


WOMEN COACHES IN AOTEAROA NEW ZEALAND

1. PROFILE OF OUR COACHES

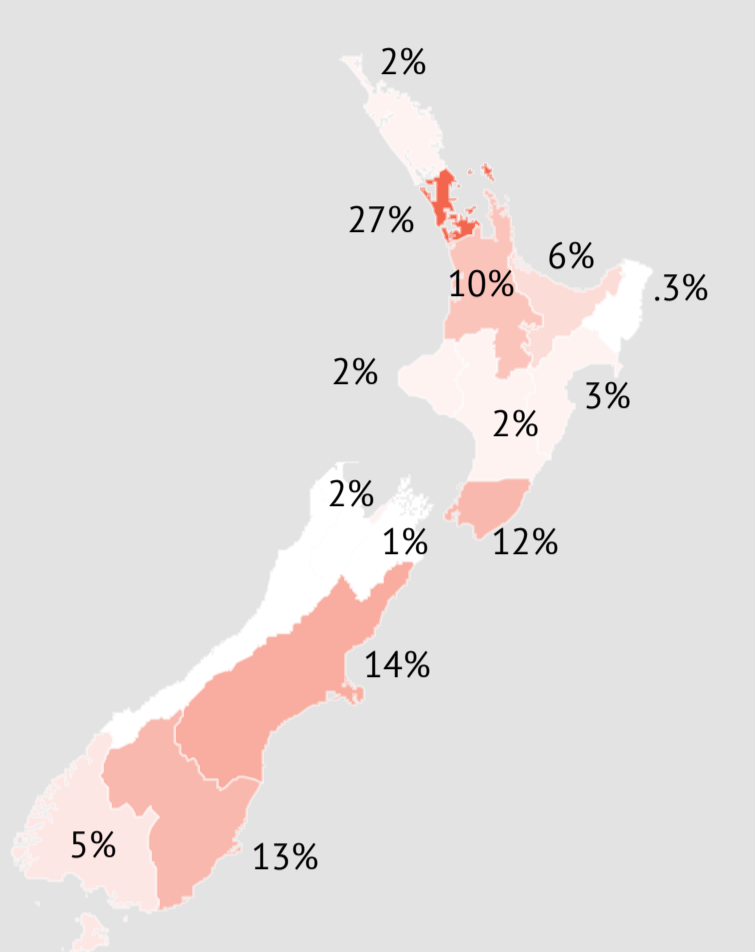
METHODOLOGY

In 2019, High Performance Sport New Zealand (HPSNZ) carried out an online survey of women who currently, or have previously, coached sport in Aotearoa New Zealand. The survey was emailed to female coaches on the HPSNZ database, sent to HPSNZ partner sports, and was also shared on social media channels to reach as many women coaches as possible. Women coaching at multiple levels across the sport sector were invited to complete the survey. The respondents self selected the competition level of the athletes they coach. There were 318 completed responses, of those, 29 respondents were not currently coaching. In addition, 48 people started the survey but did not complete, so there are some questions which may include up to 366 respondents.



Note: Respondents could choose more than one option for this question

REGION



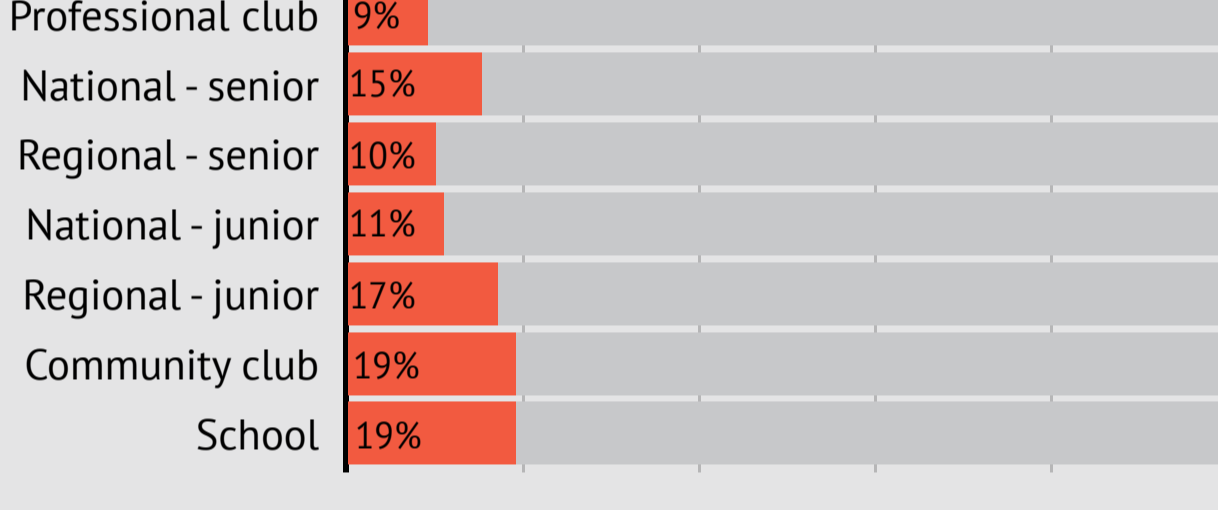
SPORTS



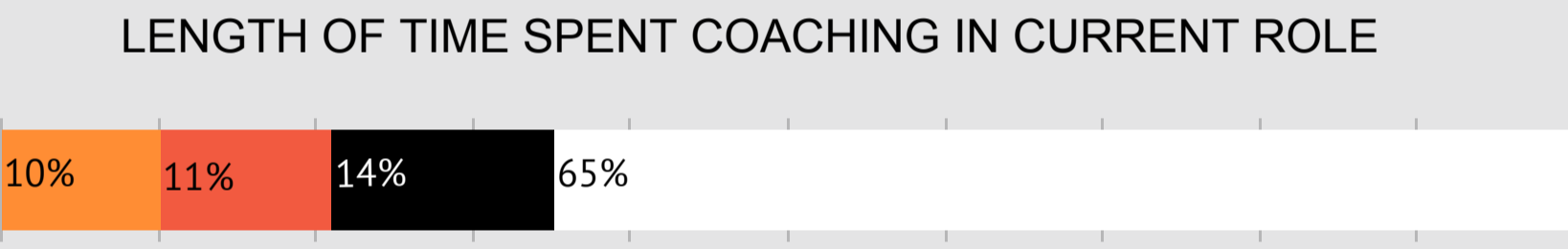
Note: Respondents could choose more than one option for this question

Of the 245 respondents to this question, there were 334 answers selected.

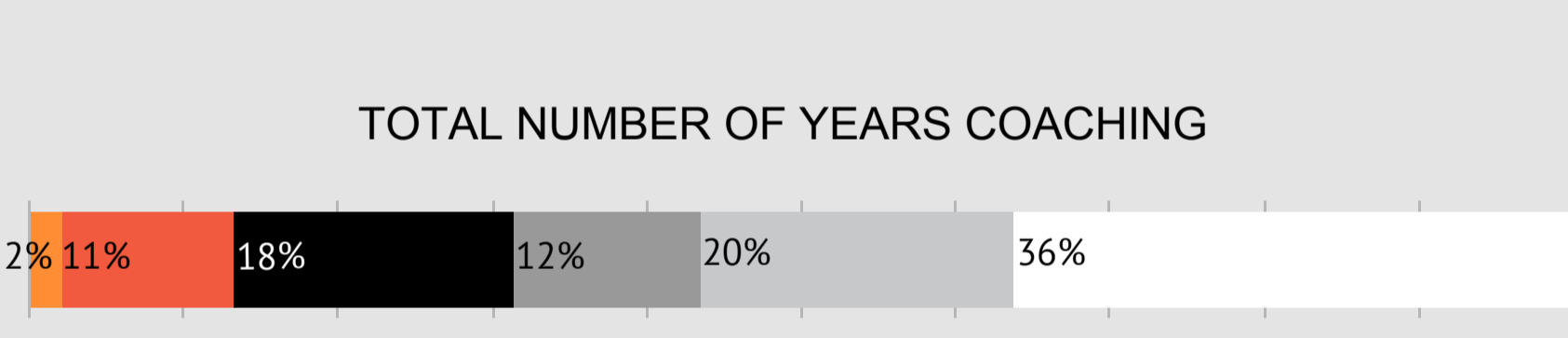
COMPETITION LEVEL OF ATHLETES THEY ARE COACHING



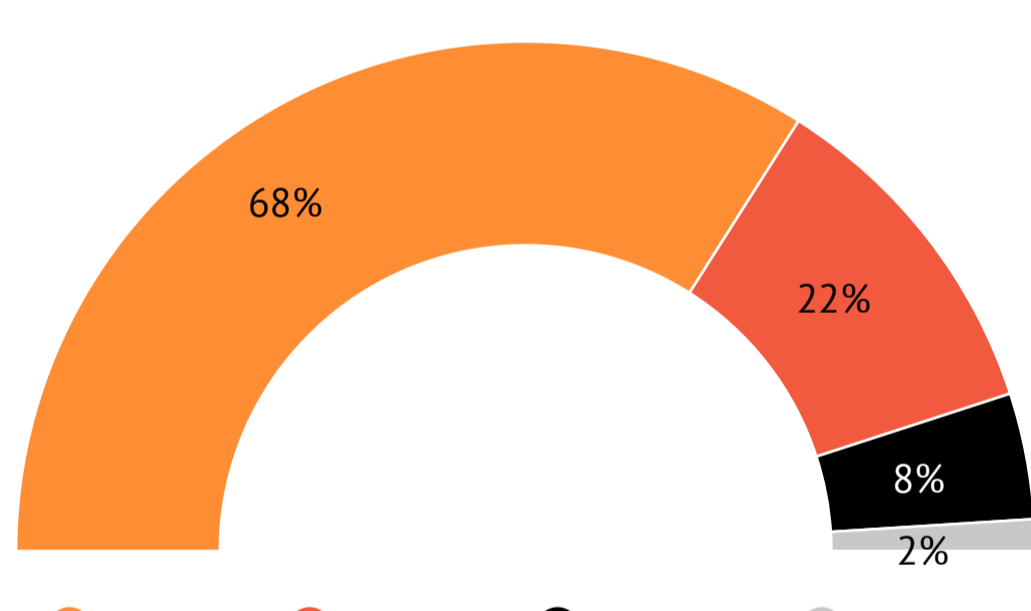
LENGTH OF TIME SPENT COACHING IN CURRENT ROLE



TOTAL NUMBER OF YEARS COACHING



WORK COMMITMENTS IN ADDITION TO COACHING



Number of female coaches who work in another paid profession

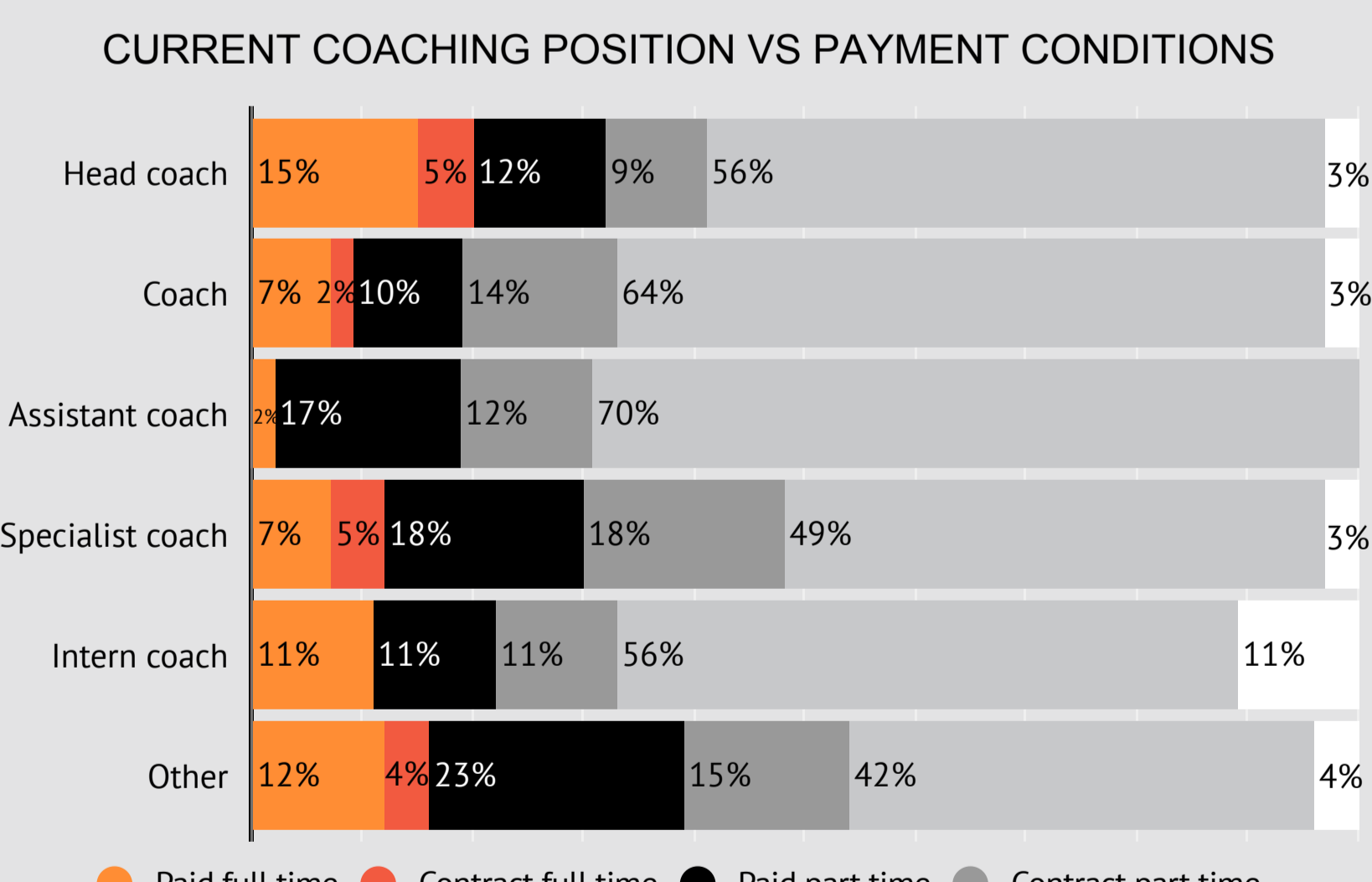
2/3

61% of female high performance coaches reported holding multiple roles in their sport

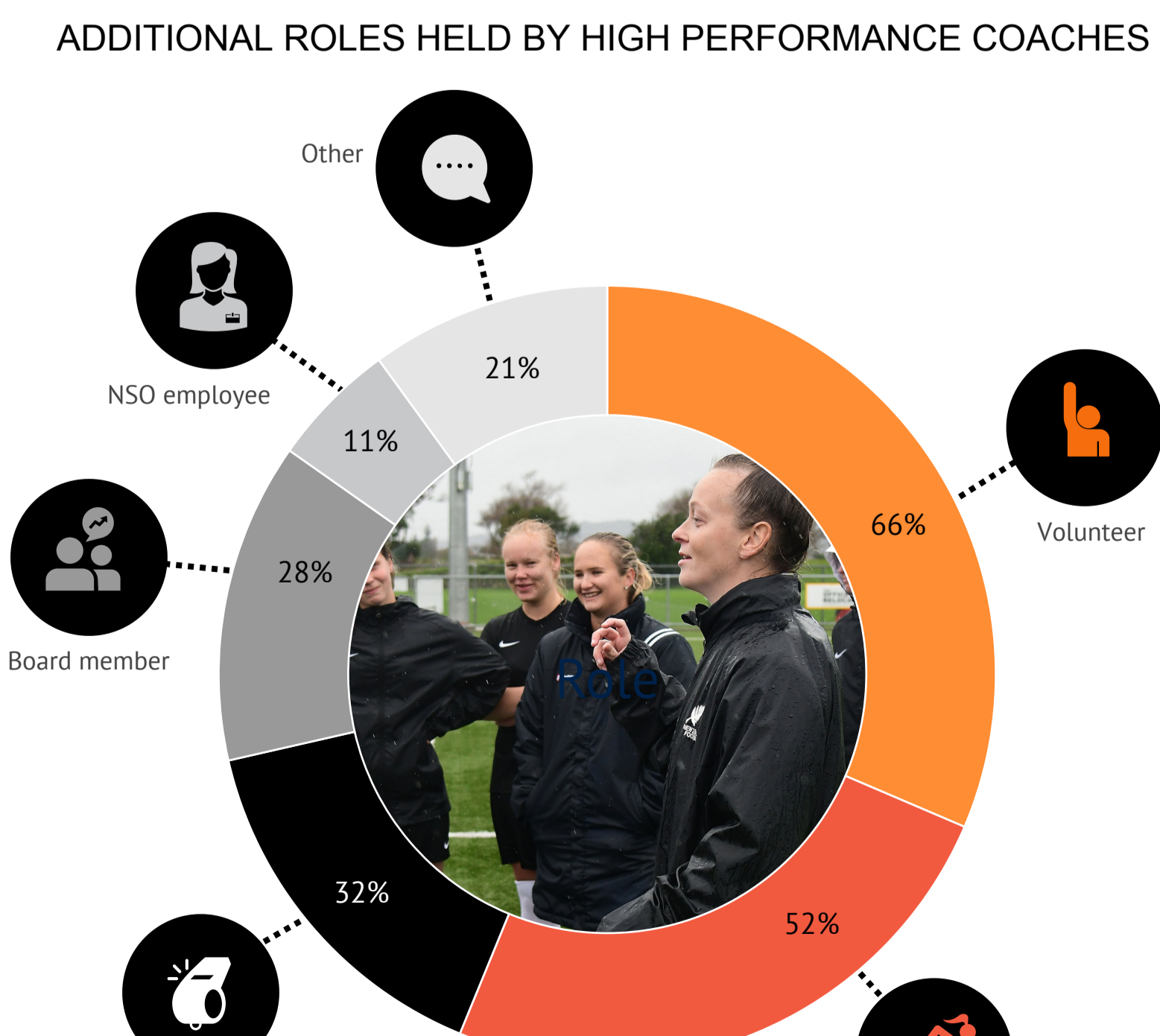
“The biggest challenge is fitting coaching in with work and life. I love seeing athletes achieve but most of the time I can't put the time in to get them to the very top so we are all making compromises. I need to remain in my paid work to support my family and this is important to me.”

Survey respondent

CURRENT COACHING POSITION VS PAYMENT CONDITIONS



ADDITIONAL ROLES HELD BY HIGH PERFORMANCE COACHES



Note: Respondents could choose more than one option for this question

Photo: Gemma Lewis, U-20 women's football coach (Photosport)

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